



## FREQUENTLY ASKED QUESTIONS (FAQ)

### 1. What is Voluntary Certification of Yoga Professional?

The honourable Prime Minister of India had desired to spread India's traditional knowledge worldwide with credible systems with specific reference to Yoga which should provide India leadership in assuring quality of Yoga practices across the world. The Ministry of AYUSH in pursuance of the above and in the wake of declaration of International Day of Yoga in 2015 identified the Quality Council of India (QCI) to develop a Voluntary Scheme for Evaluation and Certification of Yoga Professionals. QCI has designed the Yoga Professional Certification Scheme by adopting the principles and requirements laid down in the international standard, ISO 17024:2012 General Requirements for Bodies Operating Certification of Persons. The Scheme was presented to the Ministry of AYUSH and was launched on 22 June 2015 in the valedictory function of the International Day of Yoga celebration by the Hon'ble Home Minister, Shri Rajnath Singh.

**Please note that it is not a yoga course or teachers training program.** The Scheme is to validate the competence of Yoga Professionals for their knowledge and skill as per the Syllabus mentioned in the Scheme document.

### 2. What are the eligibility qualification/ criteria needed for applying ?

There is no restriction on age, qualification, training or experience.

### 3. What are the levels of certifications ?

Currently there are 2 levels of certifications-

Level 1 – Yoga Instructor certification

Level 2 – Yoga Teacher certification

### 4. What is the difference between Level 1 and Level 2?

Level 1 is basic professional certification while Level 2 is advanced. For the differences in the level and content of theoretical and practical knowledge required for each refer to the following links:

**Syllabus for Level 1:**

<http://yogacertification.qci.org.in/pdf/Yoga%20Scheme%20Section%203A%20Competence%20Standard%20Level%201%20Yoga%20Instructor.pdf>

**Syllabus for Level 2:**

[http://yogacertification.qci.org.in/pdf/Yoga%20Professional%20Scheme%20Section%203B%20Competence%20Criteria\\_Teacher.pdf](http://yogacertification.qci.org.in/pdf/Yoga%20Professional%20Scheme%20Section%203B%20Competence%20Criteria_Teacher.pdf)

### 5. What is the relation between level 1 examination and level 2 examination?

The Level 1 and Level 2 examination are independent of each other.



**6. Can both examination taken (Level 1 & 2 ) be taken simulataneously?**

You can take **ONLY ONE** exam in one session. Both the exams cannot be taken together in one session. The candidate will be allowed to take only either Level 1 or Level 2 which applied for both theory and practical.

**7. What if I am unable to attend on the given date of examination?**

If candidate after being allotted admit card for a particular exam does not appear for the exam the Fee paid for the exam will be forfeited. Incase she/ he wished to appear again the candidate will have to apply again.

**8. Is the exam conducted by QCI only or there are approved bodies as well?**

QCI has approved **Mudra Yog Certification** as a Personal Certification Body ( PrCB) to conduct exams in India and abroad. Candidates can approach us to register and appear for the exams.

**9. How can I register for the certification?**

Candidate will need to appear for an examination to obtain certificate. Both on-line and off-line examination formats are available which will be executed based on the resources available in hand by QCI and approved Personal Certification Bodies (PrCBs).

Foreign national applying from outside of India needs to register themselves on QCI yoga website or any of the approved PrCBs as mentioned in the website. The fee and other details are mentioned in the website.

*No application is rejected based on caste, colour, sex, financial or membership of any association or group.*

**10. What is the time duration after submitting of application, conducting of exam and declaration of result?**

Generally time frame has been fixed for 60 working days from receipt of application, conduct of exam and declaration of result. If the period gets extended due to unavoidable circumstance, it will be notified to the applicant. This information will also be available in the *website*. [www.mudrayog.in](http://www.mudrayog.in)



### 11. What is the fee for applying for this Certification?

Level	Stage	Fee for Indian National	Fee for Foreign Nationals
Level 1 Yoga Instructor	Stage 1 ( Theory)	Rs.750 + GST (18%)= Rs. 885/-	50 USD
	Stage 2 ( Practical)	Rs.1250 + GST (18%)= Rs.1475/-	100 USD
Level 2 Yoga Teacher	Stage 1 ( Theory)	Rs.1000 + GST (18%)= Rs.1180/-	100 USD
	Stage 2 ( Practical)	Rs.2500 + GST (18%)= Rs.2950/-	200 USD

### 12. Fee structure for written (theory) and practical?

Scheme allows the candidate to choose from any of the following payment options:

- Candidates can pay separately for written and separately for practical.
- Candidates can pay a combine fee for both written and practical exam.

### 13. Is fees transferable between PrCB's, QCI etc.?

Please note that the fee is non-transferable. Candidate will have to take the exam with the PrCB or QCI with which it has registered. The transfer of candidate within PrCBs is not allowed. Exceptions, if any shall be handled by QCI.

### 14. How do I apply for Certification as Yoga Professional?

- You can apply on-line
- You can apply off line by downloading the application form from the website or can be obtain from MYC office.

### 15. Caution against Misrepresentation and Impersonation ?

Anybody found behaving or presenting itself as a QCI representative without undergoing due approval process must be reported immediately to [info@mudrayog.in](mailto:info@mudrayog.in). Appropriate action will be taken against all such unapproved illegal players in the market.

### 16. How long is your certification period ?

The certificate is valid for 3 years. However, within 18 months from the date of issuance of certificate, candidate shall need to approach approved PrCBs for a surveillance examination (please refer point no 30). This test will re-validate the competence of the candidate.



It is the responsibility of the candidate to approach any of the approved PrCB to take the surveillance. Candidates who fail to do so will have their name removed from the central registry.

### **17. What is the language of instruction of the examination?**

Candidates have to select their preferred language while applying. The languages available are:-

- Hindi and
- English

### **18. What is the pattern of the question paper and marking system of the exam for applicant?**

For both levels (L1 and L2), the examination has two stages. There is no provision for negative marking.

Written (theory) Examination – The questions are of multiple choice questions (MCQ) type for both offline and online exam. In offline exams, the answer sheet will be in form of the Optical Mark Reader (OMR) while in online the software will generate the result.

**Practical examination:** The candidate will be assessed by a panel of 3 Examiner.

#### **Level 1:**

The Scheme requires 30% weightage from written exam (knowledge) and 70% weightage from practical (skill) exam. The candidate needs to score a total of 70% marks cumulatively (theory + practical) for passing.

#### **Modalities:**

- The written exam shall comprise of 50 questions of 2 marks each totalling 100 marks of which 30% shall be considered for final evaluation.
- The practical shall comprise of 100 marks of which 70% will be considered for final evaluation.
- There are no qualifying marks for written exam and the candidate needs to decide if they wish to undertake practical exams based on their readiness.
- The cumulative score for written and practical needs to be 70% for passing.

#### **Level 2 :**

#### **Modalities**

- The written exam for Level 2 will be of 100 marks.
- The theory (written) paper shall consists of two sections – A and B. Section A shall consist of 60 objective type questions of 1 marks each and section B shall consist of 20 objective type questions of 2 marks each.
- The candidate must score a minimum of 70% marks as the qualifying marks to become eligible for practical examination.
- The practical exam will be of 100 marks of which the candidate needs to score 70% for being eligible for certification.
- The practical exams can be conducted on the same date or on a different day. This will be informed to applicant via their registered email id/ phone.



## 19. Reappearing / Re-evaluation

**Reappearing** – Applicable for both theory and practical exam.

a) Candidates are allowed for one reappearance for theory and one reappearance for practical on payment of the stipulated fee.

b) Candidates cannot reappear twice for either theory or practical on payment of the stipulated fee.

c) The reappearing candidates shall undergo written and practical that will have the same format as for fresh candidates.

d) After completion of the stipulated re-appearance chances, the candidates needs to apply afresh either to the existing PrCB or different PrCB.

**Re-evaluation** – Applicable for only written exam (rechecking).

e) Candidate that wish to recheck their marks in written (theory) exam within 15 days of declaration of results

## 20. Do you prescribe any books?

No we do not prescribe any books or other reading material, The yoga professional is advised to prepare as per the competence standard given in Section 3A and 3B.

However we do describe the content and the level of knowledge the exam-taker should have. Yoga official guidebook for both Level 1 and Level 2 is available in eBook format freely available on QCI website

<http://104.199.212.164/ebookyoga/ebook/files/basic-html/index.html>

## 21. How will I know the results of the examination?

You can login to the website and checks for details, the results are not made public respecting the individual privacy.

## 22. What if I fail in the examination?

If the candidate fails the examination, the candidate could appear as per reappearing/re-evaluation policy.

## 23. What is registry ? what is the use of the registry?

QCI will maintain a database of certified yoga professionals. This will:

a) Comprise of all the candidates that have passed the exams.

b) Assist the employers in verifying whether a particular professional is certified.

c) It will assist the students for identifying a teacher.

Please be informed that the candidates that fail to lend themselves to surveillance within the stipulated term of 18 months shall be removed from the registry. The candidates will be responsible for all the consequences resulting out of the expulsion from the registry.



#### **24. How will this certification benefit me?**

- This Scheme is supported by the Government of India.
- Ministry of External Affairs body, the Indian Council of Cultural Relations (ICCR) has recognized the YP Level 2 certification and made it as a pre-requisite for foreign deputation for promotion of Yoga
- State Governments are keenly interested to insert this as a requirement for their recruitment drive from time to time – eg. Government of Haryana
- Probability of higher employment opportunities in government schools, colleges, Yoga institutions.
- List of successful candidates will be displayed on AYUSH website for providing any further opportunities arising.
- It will assist the learners in seeking qualified Yoga teachers.

#### **25. What if I'm not satisfied with my evaluation?**

If the candidate is not satisfied with his/ her marks, they are permitted to apply for reevaluation/rechecking. Candidate can apply for re-evaluation within 15 days from the date of result declaration. The total time taken for re-evaluation process is 30 working days from date of payment being received.

#### **26. What are reevaluation modalities for theory and practical exams?**

##### ***What are reevaluation modalities for theory and practical Exams?***

The question paper and the answer sheet of exam held will not be shared since the questions are a part of the question bank.

##### ***Re-totalling of Theory Examination (Both level 1 and 2)***

- a) Re-evaluation of Theory Examination (Both level 1 and 2) Re-evaluation for theory needs to be applied within 15 days of declaration of the result. The re-evaluation of theory will be limited to recalculation of marks.

##### ***b) Re-evaluation of Practical Examination (Both level 1 and 2)***

Re-evaluation for practical to be applied within 15 days of result declaration. For the re-evaluation, the candidate will need to lend himself before an examination panel duly constituted with one lead examiner and two examiners. The Lead examiner shall review the marks obtained earlier by the candidate and will examine the candidate along with other examiner. The duration of this re-evaluation is also at the discretion of the Lead Examiner.

**The charges for re-evaluation for both level 1 and 2 are as follows:**

**Theory: Rs. 1000 + GST (18%) = Rs. 1180/-**

**Practical: Rs.2000 + GST (18%) = Rs. 2360/-**



**27. How much time is allowed for a candidate to clear stage II (Practical exam) after passing the theory exam?**

Stage 2 exam for Level 1 and Level 2 has to be cleared within 60 days of the result declaration of stage 1. QCI/PrCB will inform the candidate Date, Time and Venue of the examination.

**28. What is documentation retention policy?**

All exam documents pertaining to the application shall be retained for a period of one year. Documents of the certified personnel shall be retained for a period of one certification cycle (3 years). All records shall be maintained in soft copy as per above duration, however all unused physical documents like question paper, OMR sheets will be destroyed in 30 days of the exam being conducted.

**29. What is the procedure of certifying a student coming out of a QCI Certified School. ?**

The candidates passing out of QCI Certified Yoga Schools need to only appear in the written exam and are exempted from practical.

**Level 1:** The candidates need to appear for a written examination of 100 marks. The candidate must score a minimum of 70% for qualifying to become a certified YP.

**Level 2:** The candidates need to appear for a written examination of 100 marks. The candidate must score a minimum of 70% for qualifying to become a certified YP.

**30. What is surveillance?**

Surveillance is the process to verify that the certified YP maintains the same level of competence as it was during the time of initial certification. This is a normally accepted norms in personnel certification Scheme.

The certified Yoga Professionals shall be periodically evaluated with 18-21 months during the period of the valid certification. The surveillance can be done either on-site or by means of video conferencing, where feasible. It shall involve witnessing the certified Yoga Professional in live teaching session covering demonstration of knowledge, skills and teaching ability.

The duration of witnessing shall be sufficient to cover the above but not less than one hour. The witnessing shall be undertaken once in a certification cycle for each certified professional.

➤ **Surveillance to be carried out by QCI or PrCBs?**

The candidates needs to approach their CB for Surveillance.

➤ **Frequency of surveillance**

Once within the certification period of 3 years



➤ **Type of Exam**

Practical – refer to document 4A and 4B.

➤ **Mode of Exam – online/offline Both are allowed**

➤ **Fees proposed for Level 1 and 2**

L1 - Rs. 1000/- + GST (18%)

L2 - Rs. 1500/- + GST (18%)

➤ **What process to be adopted for surveillance stationed candidates/ out-stationed**

All need to come in exam centre, video conferencing, where feasible.

➤ **Is there any feedback to be taken for the candidate due for surveillance?**

The candidates needs to submit details of 10 students trained by them along with name/ contact details etc. for QCI/PrCB to seek feedback.

➤ **Is there any requirement of examiners in this process? If yes then how many?**

There shall be a panel of 3 with one lead examiner as mentioned in examination process.

**32. Can I take the exam if I have some physically disability?**

Yes, for differently abled people, the requirement for certification would be limited to only theoretical knowledge and teaching practice. Such professionals will be certified that they have been evaluated only for knowledge and teaching practice.

The nature of disability needs to be reported to QCI for them giving approval on a case to case basis principle.

For more information and candidate specific information –

Please contact: [info@mudrayog.in](mailto:info@mudrayog.in)

**33. What is the procedure to file a Complaints/ Appeal/ Feedback ?**

Please visit the website: [www.mudrayog.in](http://www.mudrayog.in) for Complaint/ Appeal/ Feedback tab in the website.

**34. Can I be barred from appearing exam if found using any unfair means/ conducts?**

Kindly go through the link for UF means and outcome on the examinee.

**35. Can I choose centre of my choice?**

Conducting of exam at a particular centre is based on following conditions:

- Availability of desired number of candidates at that centre.





- Availability of infrastructure.
- Other condition required for conducting exam.

**36. How can I ask for refund of fees?**

- a) Applicants who seek to get refund of their fees before issue of admit card shall write an application seeking refund, stating reason(s) for refund of the fees, application of such kind will be forwarded to refund committee and after proper verification 50% of the fee will be refunded after deducting Govt. Taxes.
- b) Due to unavoidable circumstances if Mudra Yog Certification is not able to conduct exam at any centre, MYC will refund the fees paid after deducting Govt. Taxes.

**37. How do I contact MYC?**

For your convenience we have the following 2 numbers for customer care:

- Customer Care Toll No. : 0712-6900072
- Customer Care Mobile No.: +91-7020137643

***We may not guarantee conduct of examination in your chosen city.***